

## Think global, act local - the Inner Development Goals in practice

Students reflect on their individual understanding of personal sustainability and learn about the various dimensions and challenges of shaping a sustainable future through inner work. Through dialogue with local service learning partners, they learn about local and practical opportunities for action. Project ideas will be developed and can be taken into further service learning or social entrepreneurship courses within the SEA-EU alliance.

**Lecturer: Frauke Godat, Division of Teaching Development, Kiel University**

- **Online course,**  
60% self-regulated learning (individual, in pairs, learning circles),  
40% seminar or learning coaching time
- **ECTS-Credits: 2,5**
- **Language of instruction: English**
- Open for students of all levels, suitable for ERASMUS/exchange students and for students of the SEA-EU Alliance
- 4x 90min meetings in zoom, individual learning coaching sessions (need-based)
- Lessons:  
Kick-off meeting:  
**Thursday, April 18, 2024, 08:30-10:00 CET**  
Interim meeting:  
**Thursday, May 23, 2024, 08:30-10:00 CET**  
NGOs market place:  
**Thursday, May 30, 2024, 08:30-10:00 CET**  
Closing meeting:  
**Thursday, July 11, 2024, 08:30-10:00 CET**  
optional: weekly inner work practice sessions (with guests)  
All meetings will be online.

**Application:** <https://studfeedback.uni-kiel.de/evasys/online.php?p=L38DF>

**Application Deadline** April 9<sup>th</sup> 2024

All **ACCEPTED** participants will receive further course information after April 10<sup>th</sup> 2024. Please check your student E-mail account regularly.

### Course description:

This seminar is designed to accompany you on a 12-week learning journey to help you find your way, to explore different perspectives and practices of inner work within the framework of the Inner Development Goals (IDGs). Developed from a research project, the IDGs initiative has co-creation at its center with ongoing development and input from more and more experts, scientists, practitioners and organisations around the world: <https://www.innerdevelopmentgoals.org>

### **Learning objectives:**

Since self-regulated learning is at the core of this course, students will chose their individual learning goals from the SEA-EU micro-credentials Future Skills Framework.

### **Student activities within the course:**

Self-study (individual, pairs, circles): weekly e-learning chapters in the online learning path, individual learning coaching sessions with lecturer IDGs (weekly) practice sessions: exploring practices to support inner sustainability Seminar sessions: individual and group reflection exercises to support and adjust personal learning processes, meeting local NGO partners from different SEA-EU universities to generate project ideas

### **Attendance policy**

Regular attendance and a minimum of 3 compulsory individual learning coaching sessions

### **Examination**

E-learning portfolio (written/oral), ungraded

### **Required literature**

Will be provided during the course

**Expected number of students:** 20 from SEA-EU universities

SEA-EU is an Alliance of 9 European Coastal Universities (Cadiz, Bretagne Occidentale, Kiel, Gdansk, Split, Malta, Naples, Algarve and NORD) dedicated to the creation of a European Coastal Campus where all students and staff could experience Europe through a rich and varied offer of activities and cooperation. For more information see <https://sea-eu.org>